

W3 smart watch

user's manual

Adaptation platform and requirements

Android 4.0 or higher 💰 IOS 8.5 and above \$ Mobie phone hardware supports Bluetooth 4.0

Product diagram



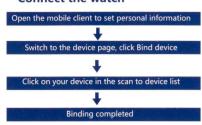
Watch client download

Scan the QR code below to download and install the watch client



Or in google play/ in APP store search FITFLY

Connect the watch



In the watch setting menu-about interface, the watch MAC address will be displayed to confirm your device; After the watch is successfully bound, the watch will automatically connect with the mobile phone if the client is not opened in the future, and the data can be synchronized by pulling down on the client data page.

Operation guidance



Quick page

Introduction to call function



(Note: other functions must be connected to the mobile phone through the APP to be used)

Use attention points

I. If the watch has been connected by another mobile phone, please disconnect it on the original mobile phone and restore the factory settings once in the settings of the watch.

watch.
2. Please note that the Bluetooth name of the call connection is 'W3', (the Bluetooth device named 'W3' must not be connected here, otherwise there will be a problem that the secondary device cannot be searched when the APP is connected)
3. Please keep the call within 5 meters, otherwise the call quality will be affected.

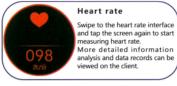
Introduction to call function

Operation on the mobile phone: Settings-Bluetooth-search for "W3" after the connection is connected, you can make or receive calls.



Watch function introduction





Watch function introduction





Work out
5 sports modes are available, including: oudoor running, indoor runling, outdoor walking, indoor walking, Outdoor cycling.
More detailed information analysis and data records can analysis and data records can be viewed on the client.

Watch function introduction

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Blood pressure

Swine to the blood pressure interface and tap the screen again to start measuring blood

More detailed information analysis and data records can be viewed on the client.



Blood oxygen

Swipe to the blood oxygen interface and tap the screen again to start messuring blood

oxygen.
More detailed information analysis and data records can be viewed on the client.

Watch function introduction



Weather information The weather pape will display the current weather, air quality information, and tomorrow 's conditions, weather information can only be obtained after connecting to the client. If the connecting is disconnected for a long time, the weather information will not be updated, after reopening the W3 client, the latest weather information will be automatically weather information will be automatically



Watch function introduction



interface and tap the screen to start recording the time . More detailed information analysis and data records canbe viewed on the client



Other functions

The other functions of the watch include stopwatch, alarm clock, timer, brightness adjustment, factory reset, phone search, and ohter functions.

Watch function introduction



Smart alarm clock can set the smart alarm

clock of the watch in the client. You can set up to 3 alarm clocks.
When setting the time, the watch will display the alarm clock icon and vibrate.



Watch function introduction





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Frequently asked questions

and answers Call and music player connection questions and answers

If you need to play and answer calls through the watch, please connet the device with the W3 bluetooth name in the mobile phone-settings-bluetooth (if you can't use it after a period of time due to operational problems, you can alse repeat the steps)



The shortlisted device found W3, after confirming that bluetooth switch on the mobile phone has been turned on a. Please slide down on the top of the watch (top drop-down menu)-settings-confirm that the phone is "on" b. If necessary, if you still can' t find it, please go to watch-settings-return to factory settings, and the to back to step 1 to a device connected to bluetooth called W3









Click to close the call function, and then click to call again to change the status to "ON" again to re-enter the connection state. 5. The watch will automatically connect with the phone again



APP function introduction



- 1. "Daily" interface can view the number of steps, heart rate, sleep
- and exercise date.
 2. In the "Device" interface, you can perform related settings and
- 3. "My" interface can be set for personal privacy.

Why does the blood pressure value deviate from the sphygmomanometer?

BX50B

Bike Combo Senso

deviate from the sphygmomanometer?

The deviation between the measured value of the watch and the sphygmomanometer is determined by many factors. The measurement position of the sphygmomanometer is the brachial artery, and the measurement position of the watch is in the two main branches of the arterioles. Under normal circumstances, the aortic blood pressure measurement and the arteriole blood pressure measurement the value will vary by three to forty; if you use a watch and a sphygmomanometer to measure at the same time, because the blood flowing in the arteries is eccentric, the sphygmomanometer uses the strap below the middle of your elbow to be under pressure, temporarily blood unable to smoothly flow to the lower pulsating branch; increased vascular tension, making the upper and lower blood pressure measurements more deviations.

未连接

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未连接(1)

未连接

Why can't I take a hot bath with my watch?

The temperature of the bath water is relatively high, it will prosuce a lot of water vapor, and the water vapor is mutually, it is molecular radius is small, it is easy to seep into the gap of the watch case, when the temprature drops, it will condense into liquid droplets again, it is easy to short circuit the internal circuit of the watch, damage the circuit board of the watch, and then damage the watch.

Why can't the watch receive notifications?

Android phone settings:

 Confirm that the message push switch is turned on on the mobile client

2. Confirm the message and then the mobile phone notification bar can be displayed normally, the watch message push is pushed by reading the message in the mobile phone notification bar, if there is no message in the mobile notification bar and the watch client ha no message, the watch will not be able to receive the push. (You need to find the notification settings in the phone settings and turn to on the notification switch of Wechat/phone/SMS/moble client)

3. Open the accessibility settings of the watch client (Find the accessibility settings of the watch client)

Apple a house settings: obile client

Apple phone settings:

Apple phone settings:

1. Confirm that the message push switch is turned on on the mobile client

2. The confirmation message can be displayed normally in the mobile notification bar (You need to find the notification settings in the phone settings and turn to on the notification switch of WeChat/phone/SMS/moble cilent)

